

WEST



SOFTBALL

WELCOME

The success of our program is based off the hard work on and off the diamond and your talent alone will not be the deciding factor.

The difference at West, we strive to develop our skill in the game of softball at a high level. We are students first in the classroom which transitions to being students of the game of softball.

The standards and expectations in this packet have a lot to do with trusting the process. We hope that this info will help you understand the commitment needed financially, time, and the responsibility of being a West High Softball player.

GRADES

Players can try out with a GPA of 2.0 or higher and cannot have more than 1 F. However, the academic expectations are much higher for our program for each player with a GPA 2.5 or higher will be expected to meet specific contract goals in order to maintain playing status.

BEHAVIOR

All players are expected to exhibit the highest standards of behavior on and off the field. We are representatives of West High and our community. As such, you are expected to display behavior that earns respect for West High School at all times. In addition to strict adherence to the UHSAA behavioral contract, players are expected to **refrain from profanity, cheating, negative comments, gossip, emotional or physical abuse, racism, and any other behavior that reflects badly on our program or community. This includes photos, videos, and words shared on social media websites. The expectation is that we are respected not only for our quality of play, but for our character as well.**

All players and parents are required to sign the UHSAA behavioral contract. Please understand that infractions of this contract can result in suspension for as little as a single game, or for an entire season. The decisions are not in our hands. They are handled at the administrative and UHSAA level. We do not play a role in the decisions and it is not up to us to grant leniency or mediate discipline. Please do not put us or your fellow teammates in a bad position by choosing to break your commitment to them through selfish behaviors on your part. Your signature on the UHSAA contract is part of your commitment to being the best teammate possible. Infractions of the contract are based on selfishness and defiance. These are behaviors that have no place in the West program.

TIME EXPECTATIONS

PRACTICES

Monday thru Friday, some Saturdays

Both JV/Varsity teams will practice together and will split as the practice progresses.

Weekday practices will be from 3:30pm to 6:00pm. Some variations may occur for school events or captain led activities.

Saturday mornings **should be kept free** for practices as needed. Most team activities lead by Captains occur on Fridays and/or Saturdays.

GAMES

The JV/Varsity schedule is attached. Other than tournaments, JV plays on the same days as varsity. **All JV and Varsity players are expected to be in the dugout during both JV and Varsity games.** Varsity games begin at 3:30; JV plays right after the varsity and has a 1.5 hour time limit.

ACTIVITIES

Many team activities are scheduled throughout the season. The unity that this team is built upon will be developed from these activities. **Thus, they are not to be considered optional.** Players are expected to be at all team activities. A schedule with specific dates for activities will come out once the team is set and captains have had time to identify desired activities and dates.

SPRING BREAK:

In order to facilitate family time, but also be prepared for our region competition, there will be no team practices from March 25th – 31st. We will continue back with practice on Monday April 2nd. **All players will be expected to maintain their conditioning during Spring break.**

TRYOUTS

Tryouts will begin Feb 26th. Start time will be at 3:30pm after school. It will be a one-day tryout opportunity. If you are not able to make it, please make arrangements with coach Lopati. For those that are unable to attend the parent meeting, please check the West High website under softball on Tuesday, Feb. 27th for player parent info.

Due to the potential for bad weather, times are subject to change. Please keep your schedule as free as possible during the tryout date of February 26th. If weather forces us inside, we will be coordinating with five other programs, we ask that you be flexible and patient with changes that may be necessary.

CLOTHING: Be prepared to play both inside and out every day. This means that, in addition to your playing gear, you need to have **both** tennis shoes and cleats, sweats, warm head and hand gear, **and water** every session. Players should also bring a change of sweats and socks for days we start outside then move into the gym.

FINANCES

Players can expect the following personal expenses:

1) Participation fee:	\$50.00	due by April 1 st
2) Player Responsibility to pay for items:		due by April 1 st
Game Visors (2)	\$30.00	
Game Socks (3)	\$40.00	
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	\$120.00	

3) Tournament of Champions, Laughlin, NV	March 7 th – 11 th
Varsity players only:	\$327.00 per player
Fee pays for: Transportation, Hotel, Tournament Fee, Bus Driver costs	

****Food is not included in the cost****

4) Bishop Gorman Invitational, Las Vegas, NV	March 14 th – 18 th
Varsity players only:	\$160.00 per player
Fee pays for: Transportation, Hotel, and Tournament Fee	

****Food is not included in the cost****

Payment Deadlines

Participation	\$50 due by April 1 st
Player Responsibility Items	\$70 due by April 1 st

Players do not own any personal equipment until all fees are paid. Players with unpaid fees are expected to return all personal equipment (player pack and optional items) until fees are paid in full.

FUNDRAISERS

We have two fundraisers planned for this year. And are willing to add more if a parent is interested and willing to coordinate it.

1. Spring Fling Stomp, February 25th, \$5 per student
2. West Softball Clinic, Tuesday 27th and Thursday 29th from 6pm-7:30pm
3. Banner Sales: Each player expected to sell at least 2 (3' x 5') banner. Cost for the banner is \$350. Player can earn \$300 for each banner sold.
 - \$300 will go to players fees
 - \$50 will go towards making of the banner

4. Corporate Sponsors: We have two corner spots available for corporate sponsors to purchase at \$750 for the year on a 5' x 4' (approx.) lower right and left corners of our new scoreboard (refer to rendering below).



OVERALL FUNDRAISING EXPECTATION

All players are expected to active participate in raising funds to pay for their fees as well as for the program. All funds raised by each player will go straight to pay for their softball fees, first. Any excess monies raised by that individual will remain with the program for continuing purchases of equipment, field supplies, and end of year banquet, team activities and misc. player items.

PARENTAL INVOLVEMENT: The Team Behind the Team!

We have so much to do each year and your help is greatly appreciated. Please take a look at the list below for areas that you can help out. There really is something for everyone and a need for everyone!

SERVICE NEEDS

1. Fundraiser Coordinator
2. Senior Day Gifts & Decorations
3. End of year Banquet

PHYSICALS/ registermyathlete.com

Players must go online to registermyathlete.com. Player also has to have a current physical on file. All players are now required to have a physical every year. For those that need one, physicals can be done through your own physician or at an Insta-care. For those that have participated already in a sport and have had a physical this school year do not need to get another one. Your doctor needs to fill out the physical forms and player will return them to Garth MacFarland, our athletic trainer.



2018 West Softball Schedule

<u>DATE</u>	<u>REGION/PRE</u>	<u>OPPONENT</u>	<u>TIME</u>
March 7 th – 11 th	Tournament of Champions	Laughlin, NV	TBA
March 15 th – 18 th	Bishop Gorman Invitational	Las Vegas, NV	TBA
March 20 th	Pre-Season	Copper Hills	3:30
March 22 nd	Pre-Season	Riverton	3:30
March 23 rd	Pre-Season	@ Syracuse	3:30
April 10 th	Region	East	3:30
April 11 th	Pre-Season	Lehi	3:30
April 12 th	Region	@ Murray	3:30
April 17 th	Region	Skyline	3:30
April 19 th	Region	@ Highland	3:30
April 23 rd	Pre-Season	Bingham	3:30
April 24 th	Region	@ Olympus	3:30
April 26 th	Region	@ East	3:30
April 27 th	Pre-Season	Davis	3:30
May 1 st	Region	Murray	3:30
May 3 rd	Region	@ Skyline	3:30
May 8 th	Region	Highland	3:30
May 9 th	Pre-Season	@Tooele	3:30
May 10 th	Region	Olympus	3:30
May 22 nd - 24 th	State Tournament @ Valley Complex		TBD

Administrator: Ford White (Principal) Pam Pedersen (VP)

AD's: Kristy Proesch and Ronnie Stubbs

Head Coach: Keith Lopati

Assistants: Kirk Ava, Fred Rollin, Kara Foster, Sharee McBraun, Fata Fauga, Janet Womack