

# WEST HIGH SCHOOL INTERNET USE TRAINING OCTOBER 4<sup>TH</sup>, 2018

## 1st Lunch Bell Schedule

|   |  |
|---|--|
| <b>1st Block</b><br>6 minute TRANSITION           | <b>7:45 - 8:58 (73)</b>  |
| <b>2nd Block Internet Training</b><br>5 min Break | <b>9:04-10:04 (60)</b><br>Prep for 2 <sup>nd</sup> Block (10:04-10:09) |
| <b>2nd Block</b>                                  | <b>10:09-11:22 (73)</b>  |
| <b><i>1st Lunch</i></b><br>6 minute TRANSITION    | <b><i>11:22 - 11:52 (30)</i></b>                                       |
| <b>3rd Block</b><br>6 minute TRANSITION           | <b>11:58 - 1:11 (73)</b>   |
| <b>4th Block</b>                                  | <b>1:17 -2:30 (73)</b>   |

## 2nd Lunch Bell Schedule

|   |  |
|---|--|
| <b>1st Block</b><br>6 minute TRANSITION           | <b>7:45 - 8:58 (73)</b>  |
| <b>2nd Block Internet Training</b><br>5 min Break | <b>9:04-10:04 (60)</b><br>Prep for 2 <sup>nd</sup> Block (10:04-10:09) |
| <b>2nd Block</b><br>6 minute TRANSITION           | <b>10:09-11:22 (73)</b>  |
| <b>3rd Block</b>                                  | <b>11:28-12:41 (73)</b>  |
| <b>2nd Lunch</b><br>6 minute TRANSITION           | <b>12:41- 1:11 (30)</b>  |
| <b>4th Block</b>                                  | <b>1:17 - 2:30 (73)</b>  |