

# West Girls Soccer

## 2018 Summer Training Dates

(Some changes may occur)

Workouts begin at 8:30 am on the grass and end at 10 am.

June 8, 11, 13, 15, 18, 20, 22

July 9, 11, 13

July 16-27 are scheduled by the captains for fitness and open scrimmages

June 25-29 is the Utah Match Camp held at the University of Utah. This year we plan to enter two teams so each player gets more time on the field. Cost will be \$75. Game times will be sent to us a week before the start of the camp.

## Fall Camp and Road Trip

1. Fall Camp begins July 30 with two sessions per day (8:30 am and 5 pm)
2. The team will leave for the Uintah Basin on August 7
  - a. August 7 – Travel and visit to Dinosaurland National Monument
  - b. August 8 vs Uintah High School (Vernal)
  - c. August 9 vs Union High School (Roosevelt)
3. We will go to one per day sessions starting August 10 and meet at 8:30 am until school starts.
4. All contact with club teams must be finished by August 7. It is recommended you finish by July 29 so you can concentrate on the high school season. Please do not plan to attend a club tournament after July 29.